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Examining Bodies and Affiliated Bodies can share this with professionals in secure areas of their websites only after the SOBHD posts this in the secure areas of the SOBHD website on Monday 22nd July 2019.

Any professional found to be sharing this information prior to the SOBHD publishing this on 2nd September 2019 will be subject to the SOBHD Disciplinary procedures.

Due to the procedures mentioned above, please note that no copies of the steps will be supplied at any of the lectures held prior to 2nd September 2019.



2020 SCOTTISH NATIONAL DANCE PREMIERSHIP STEPS

	7 & under 12 years	12 & under 16 years	16 years & over
IRISH JIG	Intro: Method 4 (Bars 1 to 4 facing front) 1 st Step: Circle 2 nd Step: Shuffling (any variation) 6 th Step: Diagonal Travel 2 nd Step Finishing: Triple Shuffle (turn on bars 5 and 6)	Intro: Method 5 (Bars 1 to 4 facing front) 1 st Step: Circle (Bars 15 & 16 - cramp roll with tap spring) 7 th Step: Donnybrook 3 rd Step: Break Step 6 th Step: Diagonal Travel 8 th Step: Cross and Clip-Heels	Intro: Method 5 (Bars 1 to 4 facing front) 1 st Step: Circle (Bars 15 & 16 - cramp roll with tap spring) 7 th Step: Donnybrook 3 rd Step: Break Step 6 th Step: Diagonal Travel (turn on break) 8 th Step: Cross and Clip-Heels
FLORA MACDONALDS FANCY (BATD method only)	1 st Step: Hop Brush Beat Beat 2 nd Step: Syncopated Hop 5 th Step: Pas de Basque (with body turn) 6 th Step: Second Syncopated Hop	1 st Step: Hop Brush Beat Beat 2 nd Step: Syncopated Hop 3 rd Step: Diagonal Travel 6 th Step: Second Syncopated Hop	1 st Step: Hop Brush Beat Beat 3 rd Step: Diagonal Travel (Bar 4 – assemble change) 5 th Step: Pas de Basque (with body turn) 6 th Step: Second Syncopated Hop
HIGHLAND LADDIE (SDTA method only)	1 st Step: Half Turn and High Cut 3 rd Step: Shuffles 5 th Step: Brush and Travel (with entrechat) 6 th Step: Last Step	1 st Step: Half Turn and High Cut 2 nd Step: Point and Extend 5 th Step: Brush and Travel (with entrechat) 6 th Step: Last Step	1 st Step: Half Turn and High Cut 2 nd Step: Point and Extend 5 th Step: Brush and Travel (with entrechat) 6 th Step: Last Step
THE VILLAGE MAID (UKA method only)	1 st Step: Hop and Travel 3 rd Step: Second Hop and Travel 5 th Step: Pas de Basque and Side Travel 6 th Step: Diamond	1 st Step: Hop and Travel 3 rd Step: Second Hop and Travel 4 th Step: Second Russian Bourée 6 th Step: Diamond	1 st Step: Hop and Travel 4 th Step: Second Russian Bourée (Bar 4 – no hop into Bourée) 5 th Step: Pas de Basque and Side Travel 6 th Step: Diamond

Note 1. Unless stipulated, any breaks may be danced in the Irish Jig.

Note 2. Male Dancers' must use male methods and introductions where applicable, including arms.

Note 3. The specified Examining Body methods must be danced, this includes Introduction and Endings.

Note 4. Dances may be danced in any order, however, the order of the Steps must be followed as listed above.

28th March 2019